

The classic 1973 - 1978 <u>GMC</u> Motorhome is a marvelous machine. However, as most GMC owners know, the front end is a weak point of the design. Around 2007, Bill Hubler developed a kit to retrofit GM heavy duty truck parts onto the GMC motorhome front end. In 2011, Manny Trovao figured out how to improve the kit and brought the cost down by buying new parts in large quantities. The result is the new Version II One-Ton Front End Kit.

This is a terrific upgrade that solves a lot of problems. Given how difficult and expensive it is to service the original bearings and how often it must be done, this is a cost effective solution for that problem alone. It provides much bigger sealed bearings good for 200K miles. In addition, it gives you heavy-duty knuckles, ball joints, and CV joints, bigger brake rotors, reinforced lower A-arms, and a spacer that moves the front wheels into line with the rear.

These <u>instructions</u> describe how I installed the Version II kit. Mostly. They also include tips from pros and things I learned that I wish I'd known in advance. Special thanks to the knowledgeable people who provided advice, encouragement, proofreading, ideas, and extra pictures, and THANK YOU Manny Trovao and Bill Hubler for this great upgrade!

These instructions are available on the web at http://www.machinesoflovinggrace.net/gmc/frontend. Email suggestions and comments to molggmc at sonic.net.

DISCLAIMER:

THIS IS A WORK IN PROGRESS. I will update it as I get feedback. Please use the most current version. This copy was published 8/10/2012.

WARNING: USE AT YOUR OWN RISK! Working around and under a 6-ton vehicle is hazardous. The instructions are as correct as I can make them, but I OFFER NO GUARANTEES ABOUT ANYTHING. I have no monetary interest in the people or products mentioned in this document.

Before you start, order these parts:

You'll need right and left front brake calipers for a 1996 GMC/Chevy Suburban Diesel 4x4 with 8600 lbs GVW (also referenced in parts catalogs as having 13" rear brake drums). Order "loaded" or "semi-loaded" calipers so you get all the hardware required. If you get "semi-loaded" calipers, you'll also have to order brake pads.

Note: These are NOT the same calipers as the 80mm upgrade to the OEM front brakes.

Some sample part numbers are listed below. Unless otherwise noted, these are loaded calipers (include pads):

- Bendix L55496M & L55497M
- Centric (semi-loaded) 14166019 & 14166020, Ceramic Pads: 30103700 (Note: The Centric calipers I got <u>rubbed</u> on the inside of the Alcoa wheels. I had to grind a little off the rough casting of the caliper body to clear the wheels.)
- Raybestos RC11985 & RC11986
- Wagner Quick Stop L116294 & L116295
- Wagner Sever Duty S116294 & S116295

If you haven't already upgraded these parts, you should also consider getting:

- Sway bar end links: Moog K446 (need two kits)
- Sway bar frame bushings: Moog K5253
- Tie rods (need 2 of each part):
 - Inner end: Moog ES361R
 - Outer end: Moog ES412RL
 - Center tube: Moog ES2004S
- Shock absorbers (There are a number of choices. Here are two common ones):
 - KYB KG-5435
 - Bilstein 8460940

If you find the upper A-arm <u>cam bolts</u> are stripped, order Moog K5266. Specialty Products Company (SPC) 83160 will also work, but the cams are slightly smaller. One kit does both sides of one A-arm, so to replace all you'll need two kits.

The <u>seals on the back of the knuckles</u> have been inspected and determined to be in good condition. There are also <u>dust shields</u> on the new axles that fit over the seals for extra protection. If you prefer to replace the knuckle seals with new ones, the NAPA part number is NOS 31504.

Tools

- Maintenance manual for your coach, available online or on DVD if you don't already have one.
- Torsion bar unloader tool, <u>Kent-Moore J-22517-02</u>. Grease the threads of the tool before use.

Note: It is possible to do this work without the torsion bar unloader on most coaches, but the tool will certainly make it easier. You MUST use the tool if you need to adjust ride height after the installation. Given that you're installing a lot of new parts and moving things around, your old ride height settings may not be correct. As of this writing, Manny Trovao has a couple of these tools to lend for installing the kit.

- Lower <u>ball joint puller</u> (<u>Pitman Tool</u> 27016 from Autozone, about \$15 if you can't get it for free.)
- 3/8" <u>hex head</u> (aka allen) socket wrench for removing and installing caliper bolts with a torque wrench.
- 3/8" and 5/8" <u>flare wrenches</u> for the brake fittings.
- Vise grips, to help with the flare wrenches.
- Two 1/8" x ~1" cotter pins for tie rod ends if you're not replacing your tie rods. (new ones come with pins).
- Brake fluid.
- Red Loctite or equivalent for the upper ball joint plate bolts.
- Penetrating solvent such as a 50-50 mix of Acetone and Automatic Transmission Fluid, or PB Blaster.
- Brake Cleaner spray solvent.
- Big C-clamp for pulling the caliper piston into the caliper body.
- A flat scrap of steel to protect the caliper piston from the c-clamp, and to protect bolts you're hitting. (I used the same flat piece I have for holding the rear wheels up when jacking the bogies.)
- Anti Seize lubricant.
- 1/2" 20 <u>thread cutting die</u> for cleaning up the threads on the torsion adjusting bolt. (optional)
- <u>Small wire brush</u> for cleaning dirt out of threads.
- Putty knife for removing layers of old dirt and grease.
- Detergent or degreaser for washing parts (optional)
- Paint for making it pretty (optional).
- Grease for ball joints, tie rod ends, and A-arm sockets. Many GMCers recommend a synthetic moly grease such as Valvoline Synpower or RedLine CV-2. May be overkill for ball joints.
- Grease gun with long flexible tip for getting at grease fittings ("zerks") in awkward places.
- A large supply of disposable gloves and paper towels. The old stuff is really greasy and dirty.
- A pad or piece of cardboard or creeper board for lying on under the coach.
- An old blanket or some cardboard for setting axle assemblies on to protect the CV boots.
- Jacks and jack stands capable of supporting the coach.
- Blocks for the rear wheels and bogies.
- Container to hold small parts as you remove them.
- Container to catch brake fluid.
- A big breaker bar socket wrench and/or a piece of pipe for an extension handle.

- An assortment of sockets, extensions, and wrenches. Some of the more unusual sockets include:
 - 1 1/2" for the old axle nut.
 - 1 7/16" (or 36mm) for the new axle nut (conveniently, the same size as the bogie pin nuts)
 - 22mm (or 7/8") for the spacer bolts (my impact socket was too big for the holes.)
 - short 15/16" (or 24mm) socket for the upper ball joint nut
 - 1 1/16" (or 27mm) for the lower ball joint nut (same size as Alcoa lug nuts)
- Needle nose pliers for removing cotter pins.
- Torque wrenches that can do 20 to 180 ft lbs.
- Crowbars, large and small.
- A press, vise, or bar clamp for pressing bushings.
- 1 1/2" plumbing flange or coupler to makes it easier to press in the upper a-arm offset bushing (optional)
- Big hammer (4 or 5 lb sledge).
- Brass drift punch for driving things in/out without damage.
- Scrap wood for protecting parts.
- 1/4" or so small punch for removing rivets.
- Angle grinder/cutter for removing rivet heads, or 1/2" drill bit if you have no grinder.
- Drill and 1/4" drill bit for removing rivets.
- Hacksaw with metal cutting blade for removing the old upper A-arm rear bushing sleeves.
- Rubber or wood mallet for persuading things to move without damaging them.
- Pressure brake bleeder (optional, but very helpful).
- A spacer to to fit snugly between the A-arm sides and keep the arms from deforming as you push bushings in/out. This could be a <u>curved scrap of metal</u>, a few strategically placed sockets, or <u>a couple of scraps and a band clamp</u>.
- Digital carpenter's level for measuring camber and caster. (optional)
- Tape measure for checking toe. (optional)
- <u>Brake line, fittings, and tools</u>, only necessary if you damage your old lines. It's likely easier to cut back and re-flare the old line in place and add couplings as needed because those old fittings do NOT want to come out. If you need them, Autozone rents brake tools. You'll need a 45 degree double flare tool to fabricate the ends of 3/16" brake line, and 3/16" pipe line fittings for the ends. Be sure to slide the fitting on the line before flaring. Get extra line so you can practice making flares. The materials are cheap.

Getting Started

- Measure the front and rear ride height while parked on level concrete, and adjust as needed.
- Park the coach in as level a work area as possible.
- Place blocks under the rear bogies both for safety and so they can't change height.
- Block the rear wheels so they can't roll.
- Center the steering and check that the wheels are pointing straight ahead.

- Remove hubcaps and dust caps from the front wheels.
- Clean the ends of the axles and <u>apply</u> a penetrating solvent to the threads.
- Measure and record the front ride height of the coach in your work area.
- Break loose the lug nuts on both front wheels, but do not remove.
- Remove axle nut cotter pins.
- Break loose the axle nuts, but do not remove.
- Raise coach with a jack under the center crossbar member located under the engine.
- Place jack stands under the crossbar at each end and lower the coach onto the stands.
- Remove the front wheels and put them under the frame for safety. Leave the area near the back end of the torsion bars clear so you can work.
- With a <u>small wire brush</u>, clean off all the exposed threads you can reach on the parts you'll be removing: the tie rod ends, brake line fittings, shock mounts, ball joint studs, A-arm bolts, torsion bar adjuster bolts, and pork chop bolts.
- Apply a penetrating solvent and let it soak the threads to everything you brushed. Also apply solvent to the sockets of the lower A-arms where the front of the torsion bars are seated.

Remove the Old Middle Parts

The point here is to remove everything attached to the upper and lower A-arms (aka "Control Arms"). The specific order is not always important, but some ways are easier than others.

Remove the cotter pins from the tie rod end and upper and lower ball joints.

Get under the coach at the rear of the torsion bar and measure how much the adjuster bolt sticks out of its special square nut. (There should not be any other nuts or <u>Loctite</u> on the adjuster bolt, though I ran into both.) The manual says to count turns, but I found it too easy to lose track while struggling with rusty stuck bolts and awkward access. Later GM manuals say to measure or "matchstick" (or "story stick", i.e. mark the length on something else.) You can also paint the bolt to mark it, but then you won't be able to clean the threads.

Install the torsion bar HYPERLINK

"http://www.machinesoflovinggrace.net/gmc/frontend/Images/Picture%20281trim.jpg"unloaderHYPERLINK

<u>"http://www.machinesoflovinggrace.net/gmc/frontend/Images/Picture%20281-trim.jpg" tool</u> as described in the manual and tighten it to take the load off the adjustment bolt. Remove the adjustment bolt from the big square nut. Unscrew the unloader tool so the small end of the <u>pork-chop</u>. rests on the square nut. You're NOT trying to remove the torsion bar, just taking most of the load off.

If you have a tie rod puller, use it to remove the tie rod end from the lower A-arm. DO NOT use a <u>pickle fork</u> or it will ruin the rubber grease boot. If you don't have a puller, <u>unscrew</u> the tie rod nut until it's flush with the end of the stud. Hold a scrap piece of steel against the end of the stud and use a big hammer to hit the steel. This should pop the tie rod end out of the knuckle eye. Remove the nut and disconnect the tie rod. Thread the nut back after its out of the knuckle, it helps to swing them out of the way.



Remove the axle CV bolts from the flanges. They will not be used. Use a 3/8 hex wrench on the rotor in the middle of the caliper.



Remove the caliper bolts with a <u>3/8" hex wrench</u>. Remove any other brackets or <u>cable ties</u> holding the flexible brake line. Slide the caliper off the rotor. If it's stuck, you may need to use a big C-clamp to retract the piston (see manual). and let them hang there.

Disconnect the sway bar link from the lower A-arm

If you're replacing your sway bar front frame bushings, now is a good time to do that. (see manual)

Place a jack under the lower A-arm and raise it to take pressure off the shock absorber. Remove the upper bolt and lower nut and remove the shock.

Note: Removing the shock first makes it easier to work on the brake line connection.

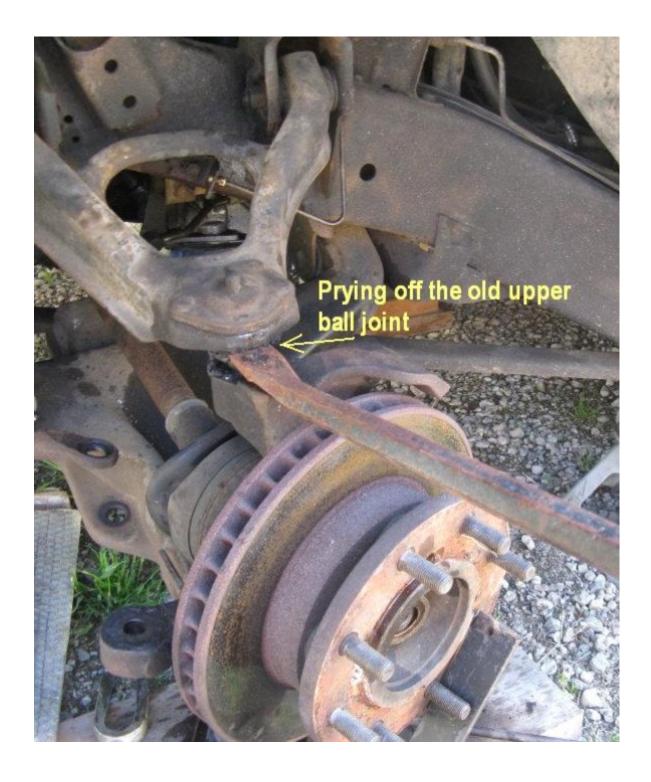
Leave the jack under the lower A-arm.

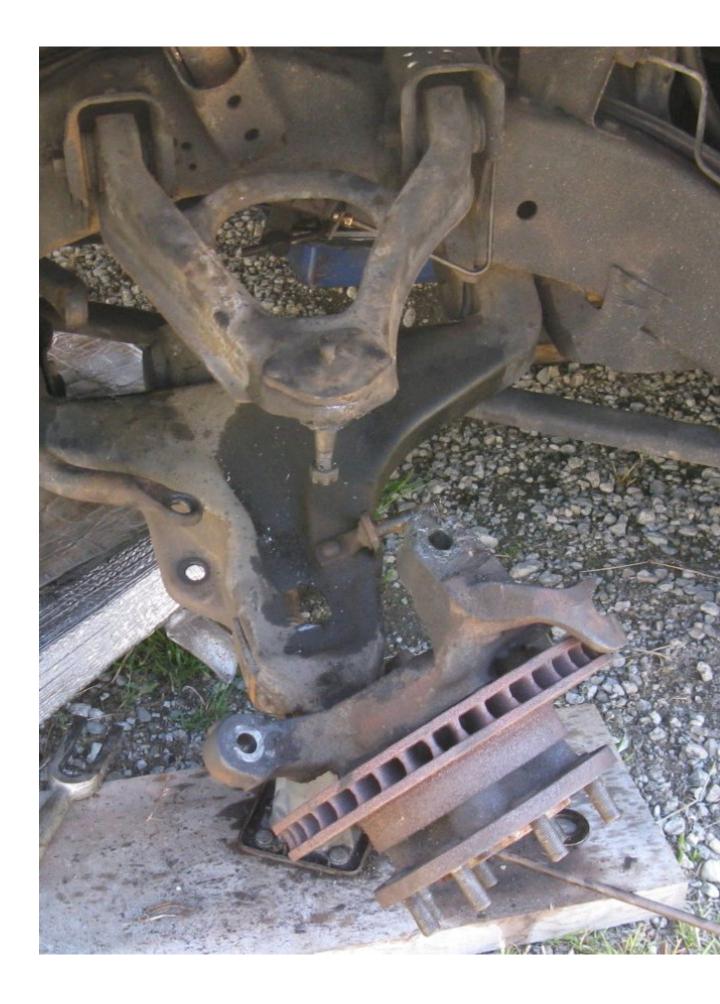
Remove the nut from the upper ball joint stud and pull off the <u>bracket that supports the brake</u> <u>hose</u>. Thread the castle nut back onto the end of the upper ball joint stud. .

With the tie rod and sway bar link disconnected, you can now turn the knuckle to more easily get at the caliper bolts.

Wedge a big crowbar between the wheel studs and against the ground to keep the axle from turning. Remove the axle nut and washer. Remove the 6 bolts holding the inner CV joint flange to the final drive output shaft. Adjust the crowbar placement as needed so you can turn the axle for easier access. I used a long socket extension so I didn't have to get under the coach. Don't try to remove the axle yet.

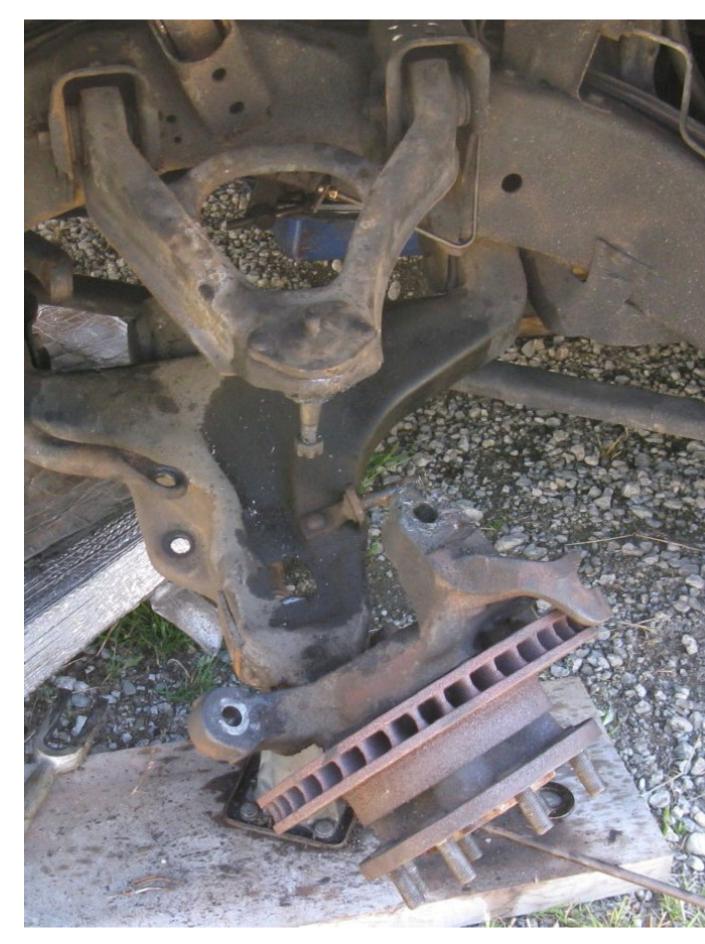
Back off the upper ball joint castle nut until it's flush with the end of the stud. Pop loose the ball joint by using a hammer and drift to drive on the spindle, and a big crowbar to pry at the top.





While holding onto the knuckle, remove the castle nut and pull the stud out of the top of the knuckle. Guide the knuckle down so it's hanging from the lower ball joint.

Carefully lift the axle/CV-joint assembly free of the final drive flange and pull it out of the back of the knuckle/hub. An extra set of hands may help here. Set the axle on a padded surface to avoid damaging the CV joint boots if they are to be reused. You do NOT have to remove the output shaft or its support from the right side of the final drive.



Back off the lower ball joint castle nut so it's partly off the end of the ball joint stud. This will keep the <u>pitman puller</u> tool from slipping off the stud. Position the tool arms over the knuckle

eye and its threaded rod against the end of the ball joint stud. Using a close fitting (possibly metric) wrench, turn the the puller bolt to apply pressure to the ball joint until it pops free. It takes a lot of force and you may need to also hammer the stud and/or eye. Once the ball stud is loose, remove the tool and the castle nut and lower the knuckle and hub assembly off the stud.

Note: If you still can't remove the lower ball joint, remove the three bolts that hold the disc/hub retainer to the knuckle. The bolts are a little hard to get to, but shouldn't have a lot of torque on them. Slide the disc/hub assembly outward off the knuckle. The manual shows using a slide hammer, but I was able to just slide if off with a gentle tap on the back. This will remove most of the weight from the lower A-arm and make it easier to handle. You can worry about the lower ball joint once it's out.

Upper A-Arms

If I didn't supply the upper arms with the ball joints and bushings already installed, follow the steps below.

Remove the <u>bolts and adjusting cam</u>s from the upper A-arm and pull the arm out of the frame brackets. You may have to wiggle the front cam around to get the bolt past the shock absorber bracket. Check the cam adjustment bracket surface for weld splatter, dirt, or rust, and clean up as needed to avoid affecting the alignment.

Note: If you broke a hard brake line as I did, now is a good time to <u>repair</u> or <u>replace it</u>, with the upper A-arm out of the way.

Note. If you don't get a set of upper control arms with new bushings and nw ball joints here's what to do.

Remove the old upper ball joint by cutting, grinding, or drilling off the old rivets from the top of the A-arm. I used an angle grinder with a thin <u>metal cutting</u> disc to remove the bulk of the heads, then ground off what was left. You'll be throwing away the ball joint and its top plate. Just don't cut or drill into the A-arm itself.



Once the rivet head is off, you should see a thin line around body of the rivet. Punch the rivet as <u>close</u> to the center as possible, then use a 1/4" drill bit to drill down about 1/4". Do not drill into the A-arm. This hole will give the rivet a place to collapse into as you drive it out. Position the ball joint stud on a scrap piece of wood or steel, and the back of the A-arm on a block so the ball joint plate is level. Place a small punch in the 1/4" hole and with a big hammer, hit the punch hard to drive the rivet out. It will probably take a lot of very solid hits, but it will eventually move. Pull off the old ball joint and clean up the mounting surfaces on the A-arm.

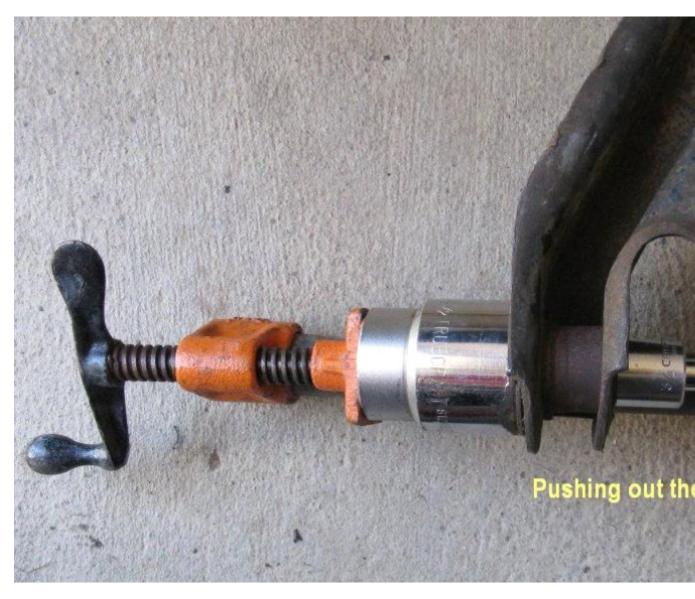


There are a lot of different ways to get the A-arm bushings out, but here's how I did it: Using a hammer and chisel or small crow bar, pop off the metal ends of the upper A-arm bushings by working the tool under the lip of the metal. Try not to bend them since you'll still need one set per arm. Use a screw clamp and a short (about 2") 3/8" socket extension with about a 3/4" socket to remove the old bushings. You want a tool that won't get stuck once the sleeve and bushing are pushed out. There are many other combinations of sockets and tools that can do the job. You'll also need a spacer to give the bushing a place to go, such as a big socket or steel plumbing cap.

First use the back of the socket extension to push out the center sleeve. Save one set of caps and one inner sleeve from each arm for use with the new Urethane bushing.



Once the sleeve is out, turn the socket and extension around and use the 3/4" socket to push out the rubber bushing. Do not damage the outer sleeve on the front of the arm since you'll need to reuse it with the new bushing.



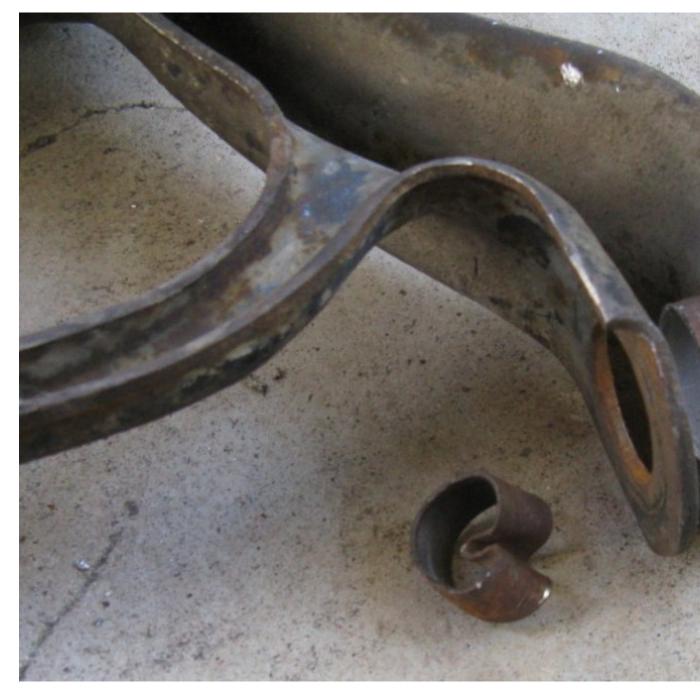
Remove the outer metal sleeve from the rear of the A-arm ONLY. Use a hacksaw to cut the sleeve in half down its center in between the A-arm sides. Do not cut into the A-arm.



If you get them mixed up, the rear of the upper A-arm is the one with the curved side. Do not remove the front sleeve since you'll need to reuse it for the new urethane bushing.



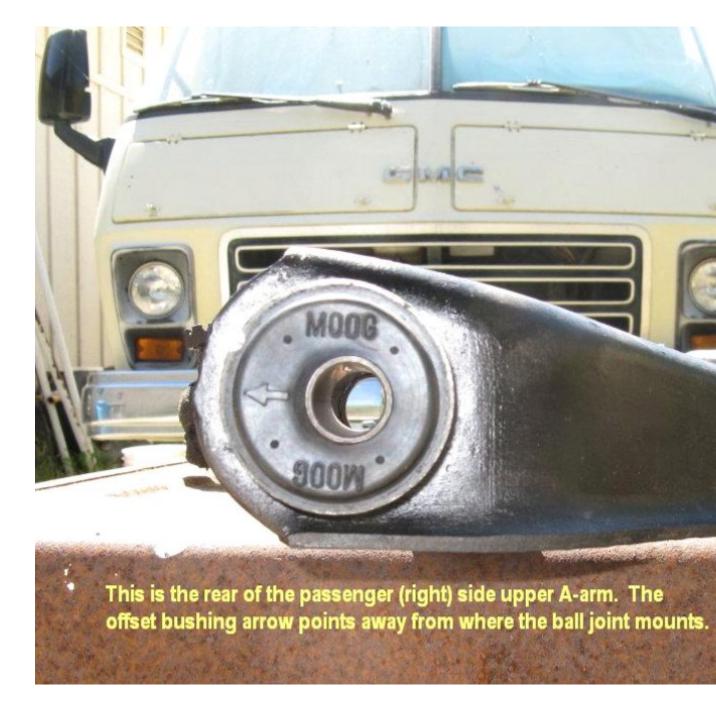
Use a hammer and punch to deform the cut sleeve and drive it out of the A-arm.



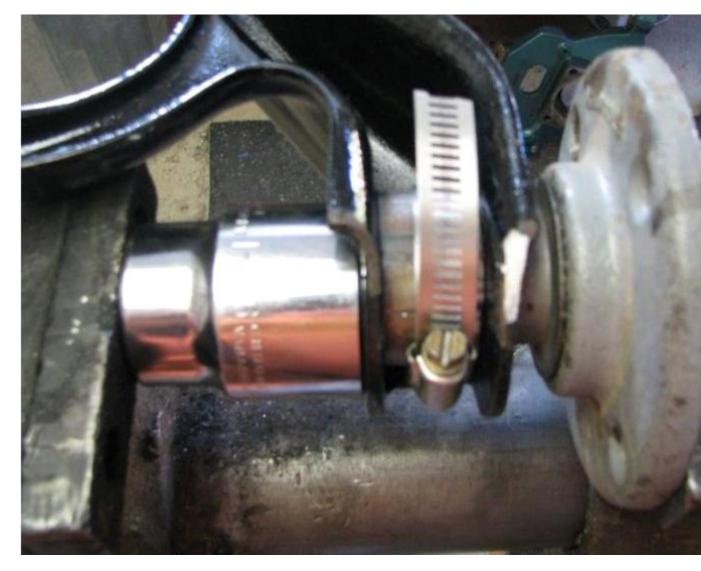
Drive out the other side of the sleeve. If you have too much trouble, try cutting the sleeve again perpendicular to the last cut to give the metal a place to collapse into. Do not cut into the A-arm.



Clean up the rear hole in the arm really well and remove any burrs, rust, paint, or dirt. It may help to lightly sand or file the hole, but don't remove too much metal. Align the new offset bushing in the rear hole of the upper A-arm with the arrow pointing AWAY from the ball joint.



Gary Worobec found that a <u>1 1/2" iron pipe flange or coupler</u> fits the metal edge of the bushing and makes it easier to press in evenly. Alternatively, put the provided larger metal cap on the big end of the bushing to spread the force and prevent damage to the inner metal sleeve. If you do it that way, be sure to note how the bushing looks from the back side of the A-arm since the cap will cover the arrow. You'll need a spacer to push against while allowing room for the bushing to go through the back of the A-arm, such as a 1 1/2" socket or a big plumbing pipe cap. You must also use a <u>spacer</u> that fits snugly between the arm sides to keep them from deforming. I had a lot of trouble getting these bushings into the arm, mostly because they just wouldn't drive in straight. I alternated between using a big vice and a big hammer, frequently stopping to check and adjust the alignment. If you're hammering, place the arm on a piece of scrap wood to prevent damage. I used a long socket extension through the hole of the bushing as a lever to move it back into line.



Once the new bushing is fully inserted into the arm, put the new small cap on the small end of the bushing and seat it into the inner metal sleeve. The new big cap goes on the big end.

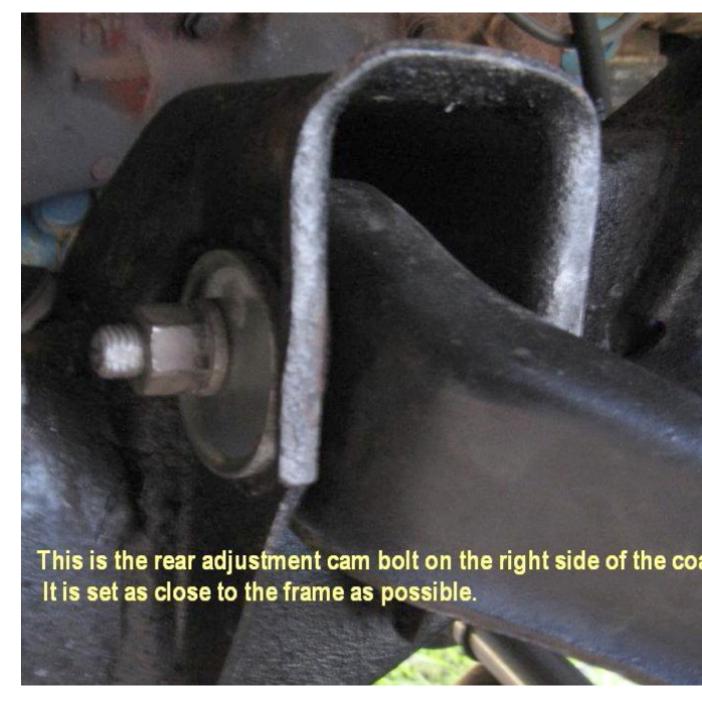
Before installing the front bushing, clean the interior of the old outer metal sleeve on the A-arm. Lubricate the sides of the new urethane bushing with the provided grease. Use a mallet to drive the new bushing into the old A-arm front outer sleeve. Make sure it's completely seated. Grease the outside of one of the old inner metal sleeves and drive it flush into the new bushing. Put one of the old big caps on the big end and the little cap on the little end and seat them into the old inner metal sleeve.

Clean and inspect the old <u>cam assemblies</u> you removed. If the bolt threads are stripped, replace them. Otherwise, you won't be able to torque them properly and will have alignment problems. Apply anti-seize to the bolts and threads.

Guide the upper control arm into the frame bracket and re-install the cam assemblies. The cam bolts should be installed from the center of the A-arms so that the bolt heads are both in the middle of the arm, facing in opposite directions.

Note: It is harder to install the cam bolts this way because the shock mounts are in the way, but makes it easier to get a torque wrench onto the nuts later. You may need to pull the a-arms outwards and separate stuck cams from the bolts in order to insert them into the adjustment slot.

Turn the rear cam bolt so that the A-arm is pulled in as close to the frame as possible. This will move the upper ball joint toward the rear of the coach and provide maximum possible caster.



Adjust the front cam bolt so it's in the middle of the adjustment slot in the bracket. This should set the wheel to approximately 0 camber (plumb vertical), though it won't look like it until after the coach has its wheels on the ground and is driven around a bit.



Torque the cam nut to 80 ft-lbs. Hold a wrench on the cam bolt head to keep the cams from turning.

Place the new upper ball joint plate on top of the upper A-arm mounting hole. Put some red Loctite on the threads of the provided bolts and insert the bolts through the top of the ball joint plate. Use the lock washers and nuts on the underside of the A-arm. Torque the nuts to 20 ft-lbs. Install the new grease fitting into the upper ball joint, snug but not too tight. Seat the rubber grease boot onto the ball joint.



You may also want to <u>spot weld the upper ball joint plate to the top of the A-arm</u>, but this is not required.

Lower A-Arms

Before you remove the lower A-arm, clean off a spot on the torsion bar just behind the A-arm socket and clearly mark the top of the torsion bar with paint or a marker. This is just to prevent confusion later if anything shifts or becomes misaligned.

Lower the jack from under the A-arm. Removing the jack will release most of the load from the torsion bar.

If you want to weld on extra support, see NotesHYPERLINK

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<u>"http://www.machinesoflovinggrace.net/gmc/frontend/index.php?p=ExtraReinforcement"-Arm</u> <u>Reinforcement</u>.

<u>Install</u> the grease fitting onto the side of the new lower ball joint, angled toward the rear of the A-arm so you can reach it later. Seat the lower ball joint grease boot onto the ball joint. There's a small indentation on the boot that should line up with the grease fitting.

Clean out the torsion bar socket on the new A-arm and <u>apply</u> a generous amount of chassis grease to the inside of the socket. Place the new A-arm near the coach in the correct orientation, ready to install. Be careful to keep dirt out of the ball joint and torsion bar socket.

Remove the frame bolts from the lower A-arm and pull the arm out of the frame brackets. A small crowbar may help. Pull the arm toward the front of the coach to slide its socket off the end of the torsion bar. A few taps with a mallet may help get it move. Clean the inside of the frame brackets and the end of the torsion bar and apply fresh grease.

Hold the new A-arm in the same orientation in which you removed the old one. Place the socket of the new A-arm over the end of the torsion bar and and seat the socket all the way onto the torsion bar. Work the arm back into the frame brackets.

At the back of the torsion bar on the crossmember where the pork-chop is located is a round inspection hole. Look in this hole to make sure the torsion bar is still fully seated into the pork-chop. If it's not, move the torsion bar toward the rear of the coach until it's flush with the back of the pork-chop.

Align the front bracket holes with bushing inner hole and slide the bolt. You can tap it till it stops. It will not go all the way in at this time.

Use a comelong to pull the control arm back to align the rear bracket. Attach one end of the comelong th the cross member behind the pork chop member. The other end to the sway bar hole or aroung the welded ball joint bracket.

Once you align the rear barcket holes, the bolt will go all the way in, using a mallet. Unload the comelong, check the front braket hole, with a prybar align the hole and yap the bolt through.. Install the nuts but do not torque.

Note: If you decide to remove the torsion bar from the pork-chop for any reason, it's probably best NOT to apply any grease between the pork-chop and the torsion bar when you reinstall it. You don't want it to move out of the pork-chop.

Pull up the lower A-arm to about its normal height and put a jack under it. If you don't know what that height should be, hold up one of the shock absorbers to where it will mount as a reference.

Install the sway bar links and torque to 15 ft lbs.

Torque the lower A-arm frame bolts to 85 ft lbs.

Note: If you can't torque the bolts, they're stripped or have the wrong size nuts. That's why you should torque these here -- so you don't have to unload everything to get the bolts back out.

While you have it out, clean and inspect the threads of the <u>torsion adjusting nut and bolt</u>. If you have a thread cutting tool, use it to clean up the threads. Apply a liberal amount of anti-seize or chassis grease to the threads. Use the torsion bar unloader tool to pull the pork-chop back up so you can fit the square nut into its slot. The indentations on the square nut face downward and rest on the crossbar edges. Install the adjusting bolt back to the same measurement it was before. Remove the unloader tool.

If your kit contains a <u>steering stop bracket</u>, install it on the rear bolt that holds the ball joint to the lower A-Arm. This stop is used with knuckles that were made in 1989-94 because they lack the stop that was molded into <u>later knuckles</u>. The bracket can be mounted above or below the A-Arm. Reinstall the bolt and torque the nut to 45 ft-lbs.

Knuckles and Axles

Clean off final drive output shafts if they have any grease or dirt on them from your leaky old CV joints.

Carefully guide the new axle onto the lower A-arm, avoiding damage to the rubber CV boots. Rest the axle on the lower A-arm out of the way of the lower ball joint so you can get the knuckle on without running into it. Clean any rust or dirt out of the tapered holes (eyes) of the knuckle. Degrease the knuckle eyes and the upper and lower ball joint tapers with brake cleaner.

Make sure you have the correct knuckle for the side you're working on. The tie rod steering eye goes toward the front of the vehicle with the bigger side of the taper facing downward. The caliper mounting area should be toward the upper side of the rear.

Do not try to reinstall the old <u>brake hose support bracket</u> on the upper ball joint. There will not be enough room to <u>install</u> the cotter pin if you use the bracket.

Get some help with installing the knuckle if at all possible. It's heavy and hard to do by yourself. Also, when I got the kit the wheel spacer was already bolted to the hub. If yours isn't, I'd wait to install the spacer until after the knuckle is installed. It's heavy enough as is.

Guide the knuckle assembly onto the lower ball joint stud. Attach the new ball joint nut and hand tighten. Lower the knuckle so it's hanging from the ball joint. Tighten the lower ball joint nut, but do not torque.

Note: Do not try to re-use the old nut on the new ball joint; it does not have the correct thread. Use the new nut provided with the kit.

Guide the end of the axle shaft into the back of the hub, being careful not to damage the rubber boots or over-bend the CV joint.

Lift the middle of the axle and rest it on a block of wood or pad on top of the A-arm to protect the rubber boots from the back of the A-arm. It's going to slide around around as you <u>wrestle</u> with the knuckle.

Raise the knuckle and guide the upper ball joint stud into the upper eye. Install the new nut to hold it in place. You may find it helpful to slightly jack up the lower A-arm and/or raise the knuckle with a jack. If you use a jack, put a piece of wood on the jack to protect the knuckle assembly.

Note: Use only the new nut provided with the ball joint. Do not try to re-use the old nut on the new ball joint stud.

Remove the wood block from under the axle. Align the bolt holes on the inner CV joint with the ones on the final drive output shaft. Install 6 new CV joint bolts and lock <u>washers</u> on each side. The shorter set of bolts go on the driver's (left) side of the coach so they won't interfere with the final drive housing. Thread the bolts in by hand to avoid cross threading.

Wedge a crowbar between the wheel studs and the ground to keep the shaft from turning. Torque the inner CV joint bolts to 75 ft lbs. (I know this seems like a lot, but it is the right torque. That's why you need new bolts.) A long socket extension helps. Turn the axle as needed to access the bolt heads; a helper to work the crowbar is useful here.

Place the big washer on the axle shaft. Install and securely tighten the new axle nut, but do not torque. It's easier to torque later when the weight of the coach is on the wheels.

If it's not already installed, align the holes in the wheel spacer over the studs on the rotor and guide it into place. Use the 8 nuts provided in the kit to hold it on. Torque the nuts to 120 ft-lbs. If the spacer was installed previously, check the torque of the nuts. Remove the crowbar.

Torque the new upper ball joint nut to 40 ft-lbs. You'll need a really short socket to get between the nut and the CV boot. Do not try to re-use the old nut on the new ball joint.

Note: I couldn't find any way to move the CV joint enough to make this any easier and couldn't fit a 1/2" torque wrench and regular socket. I ended up using a regular 3/8" socket wrench. Since the tie rod end nuts require about the same torque, I used them as a reference to feel the force needed on the 3/8" wrench.

Install the cotter pin in the upper ball joint stud and bend the ends of the pin so that it can't damage the outer CV boot. It may be difficult to insert the pin due to the thickness of the knuckle eye. Try curving the cotter pin to get it through the hole. Do not back off the nut to install the cotter pin.

Torque the lower ball joint nut to 100 ft lbs. Install the new cotter pin and fold back the ends. Do not back off the nut to install pin.

Use a grease gun to lubricate the upper and lower ball joints through their grease fittings.

Note: If you have trouble getting grease into them, remove and inspect the grease fitting. It may be too long and running into the interior joint or just installed too tightly. Back it off and try again.

Brakes

Remove the caliper mounting bolts and push out the inner sleeves.

<u>Apply</u> silicone brake grease to the inside of the outer sleeve. You're trying to fill the center void between the inner and outer sleeves, in between the outer sleeve o-rings.

Put the inner sleeves back in. Apply a little grease to the <u>caliper bolt</u> body (but not the threads) and put the bolts back into the sleeves.

To <u>install</u> the brake pads onto the calipers, insert the spring on the back of the inner pad into the caliper piston and push down on the pad until it lies flat against the piston.

Put the outer pad in place and pull the two spring arms into the indentations on the outside of the caliper body.

Turn the knuckle so that it's easier to get at the back of the caliper mount.

Note: If you can't turn the knuckle, try jacking the lower A-arm up a little higher.

Determine which caliper is for the right side, and which is for the left. The bleeder fitting on the caliper should be at the top when the caliper is mounted on the knuckle.

If you can't fit the caliper and pads onto the brake rotor, pull off the inner pad and position a scrap piece of steel against the face of the piston. Use a C-clamp to pull the piston into the caliper, but don't pull the piston in past its rubber ring. Reinstall the inner pad and try again.

Position the calipers on the knuckle and screw in the caliper bolts by hand to avoid cross threading. Hold the caliper so there's an even gap between both ends of the caliper body and the knuckle slot. The gap should be between 0.13 and 0.30 mm on each side. (A piece of <u>copier</u> paper is about 0.1mm thick, so two pieces of paper can be used as a spacer while you install the bolts.) Tighten the caliper bolts and torque to 28 ft-lbs with a 3/8" hex wrench. Check that the gaps are still correct and adjust as needed.

The flexible brake hose end fitting has an offset to it. It can be mounted with either face to the caliper depending on your installation. Figure out how you want to route and support the brake hose. One solution is to drill a 1/8" hole in the edge of the upper A-arm for a cable tie. My knuckles had some threaded holes I chose to use, but not all knuckles have these holes. Move the knuckle back and forth to its extreme positions to make sure the hose can move freely. The hose should be protected from damage and have no sharp bends in any position.

Your calipers should each come with a pair of copper washers. These go on either side of the brake line fitting where it attaches to the caliper to prevent leaks. Attach the hose to the caliper with a banjo bolt and the copper washers. Tighten the banjo bolt until snug.

Using the 3/8" and 5/8" flare wrenches, carefully attach the new flexible line to the hard brake line fitting. Install the clip to hold the brake line to the frame bracket. I chose to leave the new clip on the <u>flexible hose</u> fitting and re-use the old clip.

Flush the front brakes as described in the manual. If you don't have a pressure bleeder, be sure to place a board under the brake pedal to avoid pushing down too far and damaging the master cylinder.

Check all the brake fittings for leaks. Tighten as needed.

Clean the brake rotors with brake cleaner and paper towels.

Once both brakes are installed and bled, pump the brake pedal to seat the pads against the rotors. Do not try to move the vehicle if you have a low pedal problem.

Tie Rods and Shocks

If you're replacing the tie rods, lubricate the center threads with chassis grease or anti-seize. Adjust the new tie rod assemblies so they match up with the old ones. The tie rod ends should be threaded into the center tubes evenly, with the same number of threads showing on each side of the tube. The right side tie rod assembly (inner end, center tube, and outer end) should be the same length as the left side assembly. When tightening the clamps, the gap in the clamps should NOT line up with the <u>slot</u> in the center tube; see the manual for details. Torque the tube clamp bolts to 20 ft-lbs.

The old tie rods were mounted with the outer stud facing down into the knuckle. On the new knuckles, the eye is a little higher and the taper is reversed, so the tie rod stud must face upward. You must either reverse the direction on the outer (longer) tie rod end, or swap the left and right tie rods.

Degrease the tie rod tapers and mounting eyes with brake cleaner. If you're replacing the tie rods, hold the new tie rod assembly so the longer end is toward the knuckle and the shorter end is toward the coach. Insert the stud of the outer (longer) tie rod upward into the new knuckle steering eye and thread on its nut. <u>Install</u> the inner (shorter) tie rod end onto the steering arm with the stud pointing toward the front of the coach.

Torque the nuts to 40-50 ft-lbs. Install new cotter pins and fold back the ends. Do not back the nut out to install the pin.

Note: It may be difficult to get the outer tie rod cotter pin inserted due to the thickness of the knuckle eye. Curving the cotter pin may help.

Lubricate the tie rod ends through their grease fittings. If you can't get grease to go in, check the grease fittings.

Work the lower shock absorber eye onto lower control arm shock mount and install the nut. You may need to jack the A-arm up or down to get the shock inserted. Slide the upper end of shock absorber into the frame bracket and install the bolt and nut. Torque the nuts to 90 ft-lbs

Almost Done

Reinstall the wheels. Tighten the lug nuts to the extent possible with the coach off the ground.

Raise the coach and remove the jacks stands. Lower the coach to the ground.

Torque the axle nuts to 170-180 ft lbs. There is no cotter pin on the new axles.

Torque the wheel lug nuts per specs, depending on what wheels you have.

Drive the coach around a little bit to settle the parts. (Go easy on the new brake pads.)

Re-check the axle and lug nut torques.

If you're not comfortable aligning the coach yourself, you should still check and adjust the ride height as described in the manual. Also check that the wheels are approximately parallel as described in the <u>Alignment</u> section of this document. Re-install the dust caps, and take it to an alignment shop. Tell them you want 0 toe, 0 camber, and as much caster as you can get with the caster equal on both sides. For maximum caster, the rear adjustment cams should usually be left as <u>close</u> to the frame as possible.

Note: The alignment and ride height may take substantial driving to settle to their final positions. This may mean miles of driving, not just a few blocks. You should periodically re-check and readjust until everything stabilizes. It may be more effective for you to do the alignment yourself than to have to keep taking it to an alignment shop, especially if it's a shop you don't know and trust.

Alignment

GMC <u>Motorhomes</u> can be aligned using simple tools. Done carefully, many people report getting better results than alignment shops provided. While there are endless variations of tools and techniques, the procedure given below is the simplest, cheapest effective version I could derive. If your coach has a bent frame or suspension issues, it will probably not be sufficient. For a more complete alignment kit and recommendations on good but inexpensive digital levels and gauges, see the article by Jerry Work in the GMC Motorcoach section of his <u>website</u>. Special thanks to all the very helpful, knowledgeable people who contributed to this document.

If you have just installed the new front end, the adjustment cams should initially be set with the rear cams as <u>close to the frame</u> as possible, and the front cams approximately <u>centered in their</u>

<u>slot</u> with the cam plates above the bolts. This is just a starting point, but should provide <u>close</u> to maximum caster and 0 camber.

Check that the tire pressure on all six wheels is correct. The water and fuel tanks should be filled to the levels at which you normally travel.

Check that the front wheels are roughly parallel by measuring from a good tread at the front and rear of the wheels. Small changes in tie rod length have big consequences at the wheels, so they may be significantly out of alignment. If needed, adjust the tie rods as described below so you can drive the coach safely. You'll be checking and adjusting this more carefully later.

Drive the coach to settle the suspension and then park it on a level paved surface, preferably concrete. The wheels should be pointing straight ahead.

When doing an alignment, always check and adjust in this order: 1) ride height, 2) caster, 3) camber, 4) toe. Re-check all measurements after driving the coach. It can take many miles of driving before everything has settled properly.

Check and adjust the ride height as described in the manual using the <u>unloaderHYPERLINK</u> "<u>http://www.machinesoflovinggrace.net/gmc/frontend/Images/Picture%20281-trim.jpg</u>" tool. This should be done on a level concrete surface because asphalt surfaces are usually not flat enough to get an accurate reading. Block the rear of the coach to the correct height and release the air bag pressure to prevent the rear suspension from compensating for changes to the front suspension. The ride height should be 13 1/8" +/- 1/4" to the top of the <u>slot</u> located behind the front wheels, and 11 11/16" +/- 1/4" to the top of the slot behind the rear wheels. One inch of ride height equates to roughly six turns of the adjustment bolt.

Note: If you have non-stock wheels or <u>tires</u>, you may need to adjust the ride height to compensate for the difference in the radius of the wheels. Stock sizes are OEM wheels with 8.75/16.5 tires, or 16" wheels with LT225/75R16 tires. These are usually about 29.5 inches in diameter though there is variation between brands.

Alignment work is best done with the wheels resting on turn plates, but anything that allows the wheels to slide more easily will work. Some examples are metal or plastic plates with grease in between, sheet metal, floor tiles, several layers of <u>plastic sheeting</u>, or garbage bags with a little oil or water inside.

Center the steering by turning the steering wheel all the way to the left, then all the way to the right while counting turns. Divide by two and move the wheel back this number of turns.

Caster is defined by the relationship between the upper and lower ball joints. The lower ball joint is in a fixed position, so the only adjustment we have is to move the upper ball joint. The further to the rear the upper ball joint is set, the greater the caster. Camber is the amount the wheels tilt in or out at the top. We measure caster indirectly by measuring the change in camber when the wheels are turned to specific angles. For our coaches, we want as much caster as possible and it should ideally be the same on both sides, but the actual numbers are not very important.

Measure camber either with a <u>caster/camber gauge</u>, or by using a digital level or <u>angle gauge</u> on the face of the wheels. Having the dust caps off make this easier. If you're using a level, you'll need the wheels oriented so you can place it vertically in between the lug nuts.

You can also make a jig so you can check camber regardless of the lugs or caps, such as the simple one shown below, or the ones shown on the photo site <u>here</u> or <u>here</u>.

Check the accuracy of a digital level by turning it around end for end on a level surface and rechecking the reading. It should produce consistent results. Some levels can be recalibrated.

To compare caster on the right and left sides, center the steering wheel and then turn it one complete turn to the left. This will turn the wheels approximately 20 degrees. Using a digital level or gauge, measure the camber of one wheel. You can calculate the angle changes, but it's much easier and less confusing to let the gauge do the work. Hold the gauge to the flat face of the wheel and push the zero button on the gauge. Keep track of exactly where you placed the gauge on the wheel so you can do it again. Now turn the steering wheel back to center and then one complete turn to the right. Measure the same wheel in the same place to get the change in camber. Repeat the procedure for the other wheel.

The measured change in camber is a fraction of caster and should be close to equal on both sides. On most coaches, the passenger (right) side has less maximum caster than the driver (left) side. You will need to reduce the side that has more caster to match the other side. How close they need to be is debated. Caster and camber will cause a pull toward the more negative set side of the vehicle, so you can use these settings to compensate for road crown or other conditions.

If you want to measure the actual caster instead of just the relative caster side to side, you'll need to be more exact in the angles you turned the wheels. Multiply the change in camber by a fixed amount according to the angle you used. For example, if you turned the wheels 20 degrees left and then 20 degrees past center to the right (40 degrees total), multiply the change in camber by 1.43. If you used 15 degrees, multiply by 1.91.

Camber and caster are both adjusted by moving the upper A-arm cam bolts in their slots. To maintain maximum caster, all camber adjustments should be made with the front cams only. To maintain a set caster however while adjusting camber, move both the front and rear cams an equal distance in the same direction. For example, to make the camber more positive while maintaining the same caster, move both the front and rear cam bolts outward from the frame by the same amount.

Adjust the wheels as close to plumb (0 camber) as possible, or very slightly negative (tilted in toward the coach at the top). If negative camber is used, the right side should be slightly more negative than the left. For example, left = 0, right = -1/4 to -1/2 degree, or left = -1/2, right = -1 degree. Once you've got the right settings, torque the cam nuts to 80 ft-lbs while holding the bolt head to keep the cams from moving.

Toe is determined by measuring how parallel the right and left wheels are to each other. Put a mark on the rear of each tire as high up as allows a tape measure to run under the coach without touching anything but the tires. You want as precise a mark as possible, so use a thin line on a piece of masking tape or the edge of a sharp tread and mark it clearly on both tires so you can easily find it again. It helps to measure starting at the 1-inch mark on a tape measure rather than the end since it's easier to see and usually more accurate. Measure the distance between the marks on the right and left tires. Also measure the distance from the mark to the ground. Roll the coach straight forward until the marks on the rear of the tires come to the front at the same height as they were in back. Measure the distance between the marks on the front of the tires. If the measurement is the same plus or minus 1/16th inch, the toe is correct.

If needed, adjust toe by loosening the clamps on both tie rods and turning the center sleeves. It doesn't take much to make big changes at the wheels. The right and left tie rod assemblies should both be adjusted so they are kept as close to the same length as is possible. Before you re-tighten the clamps, move the tie-rod end ball joints all the way in the same direction. This is to keep them from binding when in normal steering range. When adjusting the tie rod lengths, the gap in the clamps should NOT line up with the slot in the center tube. Torque the tie rod clamp nuts to 20 ft lbs.

Drive the coach and re-check and re-adjust as needed. This may take several miles and repetitions before everything settles into a stable configuration.

If after driving the coach you find your steering wheel is not centered, you can fix it easily if you have an adjustable drag link. If not, the tie rods can also be used to center the steering wheel. For details see <u>http://www.bdub.net/center_steering_wheel.html</u>.

Additional Notes

Extra Reinforcement of the Lower A-Arms

Though not required, you can weld on extra reinforcement to the A-Arms. Here are some pictures and ideas courtesy of Gary Worobec.

Add extra support to the <u>shock absorber mount</u> on the lower A-arm.

Add extra <u>bracing</u> to the lower ball joint mount on the bottom of the lower A-arm.

Separating the Lower Ball Joint Without a Puller

You'll need to use the tension between upper and lower A-arms to help pull apart the lower ball joint, so must do this earlier in the process while they're still connected. Remove the cotter pin on the lower ball joint and back off the nut until it's flush with the end of the threaded stud. Place a jack or block under the A-arm for safety in case the threads strip, but don't <u>apply</u> pressure to the A-arm. Hold a big heavy weight (like an 8 or 10 pound sledge hammer) against once side of the lower knuckle eye. Use a smaller (4 or 5 pound) hammer to hit the other side of the eye. This should pop the joint loose. I had no success beating the joint apart, but include it here for completeness since more than one person mentioned it.

Kit Parts Reference (Courtesy of Manny Trovao)

- 2, Knuckles (89-2000 Chevy 1-ton <u>4x4 trucks</u>)
- 2, modified lower control arms
- 2, bearing/hub assemblies (Timken HA591339 or National 15-515018) Reference 89-94 Chevy K series 4x4 <u>Diesel truck</u> (95-2000 bearings have sensors for anti-lock brakes so aren't used here)
- 2, aluminum spacers (3.5")
- 2, rotors
- 2, axle assemblies with longer shafts
- 2, axle washers (Dorman 618-057)
- 2, axle nuts
- 2, banjo bolts
- 2, brake hoses (Dorman H380-533)
- 2, upper control arm offset bushings (Moog K7104)
- 2, upper control arm urethane bushings (Energy Suspension ES3392, see Note)
- 2, upper control arm ball joints (Moog K680)
- 2, lower control arm ball joints (Moog K6291)
- 4, lower control arm urethane bushings (Energy Suspension ES3391, see Note)
- 8, knuckle to bearing bolts (GM88891741)
- 16, bearing to rotor wheel studs (Dorman 610-332)

- 16, stud nuts (Dorman 610-110)
- 16, spacer wheel studs (Dorman 610-189)
- 12, 12-point flange head 3/8"-24 x 1" cap screws.
- 12, 3/8" lock washers

Note: Energy Suspension Kit 3.3181 includes 4 each upper and lower urethane bushings. Replacement outer CV joint boots are part number BT-257